



DATE	OCCASION	READINGS
Sun 4th 8.00 a.m. 10.30 a.m.	5TH SUNDAY AFTER THE EPIPHANY Rite I Eucharist Rite II Eucharist	Isaiah 40:21-31 Psalm 147:1-12, 21c 1 Corinthians 9:16-23 Mark 1:29-39
Sun 11th 8.00 a.m. 10.30 a.m.	LAST SUNDAY AFTER THE EPIPHANY Rite I Eucharist Rite II Eucharist	2 Kings 2:1-12 Psalm 50:1-6 2 Corinthians 4:3-6 Mark 9:2-9
Weds 14th 10.00 a.m. 7.00 p.m.	ASH WEDNESDAY Rite I Eucharist with the Imposition of Ashes Rite II Eucharist with the Imposition of Ashes	Joel 2:1-2,12-17 Psalm 103 or 103:8-14 2 Corinthians 5:20b-6:10 Matthew 6:1-6,16-21
Sun 18th 8.00 a.m. 10.30 a.m.	1ST SUNDAY OF LENT Rite I Eucharist Rite II Eucharist	Genesis 9:8-17 Psalm 25:1-9 1 Peter 3:18-22 Mark 1:9-15
Sun 25th 8.00 a.m. 10.30 a.m.	2ND SUNDAY OF LENT Rite I Eucharist Rite II Eucharist	Genesis 17:1-7, 15-16 Psalm 22:22-30 Romans 4:13-25 Mark 8:31-38
Sun 4th March 10.30 p.m. 11.00 p.m.	3RD SUNDAY OF LENT Rite I Eucharist Rite II Eucharist	Exodus 20:1-17 Psalm 19 1 Corinthians 1:18-25 John 2:13-22

To see the readings themselves, click on the above links or go to www.lectionarypage.net
There you can read or print the Lessons.



FISH FRY FRIDAYS CANCELED

Because the building work still continues on our Parish Hall and Youth building we will not have access to our kitchen and all that we need to run a successful and safe dinner.

Therefore, we have to cancel our Fish Fry Fridays for this Lent.

Once we are back into our newly refurbished buildings we will have a dinner to celebrate and give thanks for our wonderful blessings.

Regulars

Worship

A listing of all our church services for this month.

Editorial

How many Episcopalians does it take to ...

Words of Winston

Lenten Spring Cleaning.

Please Pray For ...

Our monthly intercession list for your daily prayers.

15 Celebrations

Birthdays and anniversaries of our folks.

Features

Holy Humor

Christian humor to tickle the funny bone.

Project Linus

A crafty way of helping those in need.

Parish Life

Caution!

10 **Lent 2018**

Details of our Lent Group for this year.

Sao Paulo Mercy Ministry

Keep a date for Fr. Stephen & Mary's visit.

staff

Rector Canon Fr. Andrew R. Heyes

Music Director Fr. Lewis Sligh Organist Sam Alderman

Nursery Ruth Starr

webmaster

David Robinson

Sexton David Hughes

Parish Administrator Margeaux Royals-Frey

12 **Trinity Cafe**

News, and an opportunity to volunteer.

Parish Life 13

Photos of our work and worship.





office

Monday - Thursday

10.00 a.m. - 2.00 p.m. Closed Friday

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vestry & commissions

Senior Warden **Junior Warden**

Natalie Watson **David Robinson** Clerk to the Vestry Leslie Dillehay

Betty Akoli Steve Baker

Jay Burkett

Buddy Coe Jerry Dillehay

Holli Green

B.J. Hartshorne

Vicki Jackson

Johnette Robinson **Corey Watson**

Karen Western

Treasurer Peter Mack

www.stclement.net





Editorial

It is incredible to think that I am already writing for the *second* month of the year. Actually, I am writing this in the first week of this second month – which means I'm late!

The delay in writing for – and then publishing – The Anchor late has at least one benefit, though: I am writing post-Annual Parish Meeting and Post-first meeting of the new Vestry.

This is a benefit because I can tell you that not only has the new Vestry met; we have also held our Vestry retreat. I'm always intrigued when the new Vestry is voted in and gets to work. What will the new members be like? Will the older members be tired and jaded? What new ideas will be offered? What will the New Year bring?

A new Vestry is an exciting prospect – and St. Clement's is, bar none, wonderful when it comes to having the right people appear at the right time – so each Vestry is an exciting opportunity. But, actually, we should take this as read, because (although we may often forget this) it is absolutely true that what we need to do God's work is already within our grasp; He's already given us the people and tools to do it.

At the Vestry Retreat we spent time discussing the parish's Vision and Mission. We were aided by the questionnaire responses we had already received – most of them showing a remarkable consensus in agreement.

As I said in my APM remarks, for me 2017 was a bust – and I think all of us felt that. It has to be said that 2018 hasn't started off any better, really. After all, we're missing our Pancake Supper and Fish Fry Fridays for a start! But, as I also mentioned in my APM remarks: perhaps all the delays and disappointments are God's way of getting our attention to make us focus not only on what we do, but why we do what we do.

This is not an unimportant thing to focus on – it is actually *central* to us moving towards what it is, *exactly*, that God would have us doing.

And what would God have us do? That's simple: God would have us proclaiming the Good News of Christ to all. The Great Commission, as it is known, is what is *expected* of each and every baptized member of God's Church. You can be neither too young nor too old – after all, there is no retiring age for being a Christian.

The Great Commission is to be the focus of what we do, but often we let other things get in the way; often we 'sweat the small stuff' – we allow the small things to dictate our thoughts, our worries, and – if I am being honest here – our conversations.

I am bombarded day after day by emails telling me how I should 'do church'.

I am going to use a word here that one questionnaire responder requested we no longer use. I really respect what that person wrote, but I'm afraid I cannot comply—if only because we'd only end up using a bunch of synonyms that say the same thing! That word is 'change'.

To me, this word is 'neutral'; it has no color of its own - no positive or negative attributes - until it is put into a sentence. Within the Christian realm of things, change is a positive essential of living. It is only Christ who is "the same, yesterday, today, and forever" (Hebrews 13:8). We, on the other hand, are called to follow our changeless God by changing: "So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed* day by day." 2 Cor 4:16 *('renewed' is Paul's word for 'changing')

We also live in a world that is *constantly changing*. Our message never changes (see the verse above), but *how* we transmit that message has to.

I am bombarded day after day by emails telling me how I should 'do church'. Here's one email I recently received. Under the title "9 Steps to Rebrand Your Church" the text tells me: "If you haven't tried to rebrand your church in the last five years, your ministry is dated. Rebranding is one of the most worthwhile investments you can make in 2018 to increase your effectiveness in reaching people far from God."

The idea of the parish as a 'brand' appalls me – but the idea that we are required by God to use what means we can to reach people doesn't.

The truth is that if we decide to *do nothing*, then we will still be changing – as we become less and less relevant to the people to whom we are called. But if we see change as a God-given opportunity to test and to prove our faith, love, and commitment to Him – then I would hope that such a positive view of change would be something we could all get behind.

And *this* is why I'm so excited about the year ahead; *this* is why I'm so excited about our new Vestry! Every area of our communal life is under God's scrutiny. He expects the best from us – are we up to the challenge?

In Christ,

Fr. Andrew.



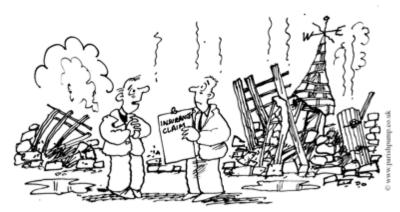


"Looks like they've introduced contactless payments for their collections."

Long Wait.

Service in the restaurant was abysmally slow. My husband was getting very tense, so I tried to distract him with small talk. "You know," I said, "our friend Christine should be having her baby anytime now."

"Really?" my husband snapped. "She wasn't even pregnant when we walked in here."

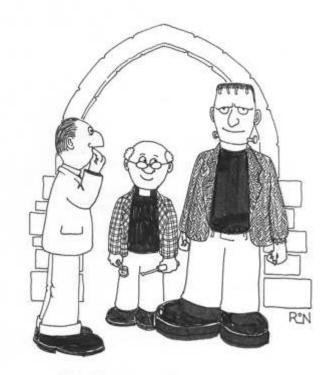


...er... apart from this little hiccup... it was an excellent church pancake supper...

Express.

I was in the express lane at the store, quietly fuming. Completely ignoring the sign, the woman ahead of me had slipped into the checkout line pushing a cart piled high with groceries.

Imagine my delight when the cashier beckoned the woman to come forward, looked into the cart and asked sweetly, "So which six items would you like to buy?"



THE ARCHDEACON HAD NO IDEA WHERE

Windows.

She texted her husband from home on a cold winter's morning: "Windows frozen, won't open."
He texted back: "Gently pour some lukewarm water over it."

She replied five minutes later: "Computer *really* screwed up now."

School Play.

A little boy got a part in the school play and went home to tell his father. "I'm going to play a man who has been married for 25 years."

"Well done, that's great," replied his father. "And maybe next time, you'll get a speaking role."

Hey Peeps!

I hope all is good in your world – things are certainly *cool* in the caring canine community!

What's in a name? Fr. Dad calls me by many of them: 'Doberdog of Distinction' (of course); Mr. Stinky (when it's time for me to have a bath); Mr. Woof-Woof (ironically, because I don't bark – it's my superpower, I use it sparingly); Mr. Cuddlepup (when he

needs some comfort); and Mr. Drool (when he needs me to share his food) to name but a few.

I put up with them all – however weird some of them may be – because they help dad, except ... not one of those names is me – even though he thinks that by giving me those names, he knows me.

But is that true? How do we know what we know anyway? What led us to knowing what we think we know — and how does that affect how we think about ourselves?

These aren't idle questions, peeps; they go to the very heart of the Christian faith, and to what Lent is all about.

You know – Lent: that period of reflection regarding your faith, how you are living, and whether you've grown, shrunk or stagnated over the past year.

The truth is that, whatever dad thinks about me, he's only *partially* true – because there's always more. Another truth is this: God knows you better than you know yourself.

[Lent] is a Spring Clean for the Soul © - God's way of letting you play 'catch up' with Him about who you are.

There is absolutely *nothing* you can hide from Him, and yet it seems to be that peeps are amazingly good at hiding the truth of who they are from themselves. Rationalizations, anger, fear, loss, hope, tickle spots – God knows them all; and He wants *you* to know them all as well, so that you may grow.

This is the Lenten 'thing'; it is what Lent is all about: an opportunity to get into your minds everything about you. It's a Spring Clean for the Soul© - God's way of letting you play 'catch up' with Him about who you are.

We canines are not that sophisticated. Unlike felines we pretty much wear our hearts on our paws. Peeps and felines are similar in that you both think you are God – the difference being that felines are way closer to actually achieving what they think. ©

I reckon all my above thoughts became clearer while I was reading some poetry: "Know then thyself, presume not God to scan; the proper study of mankind is man."

A peep called Alexander Pope wrote that ages and ages ago; and he wrote like dad does – this poem goes on and on and on. I can't remember much else of it, but this first line really made me prick up my ears – because it seems *so true* to my experience of peeps.

When I bother to enter into the social media maelstrom that is 'FacePalm' (ed: don't you mean 'FaceBook'?) – whatever, dad – it seems that someone is sounding off about who God is – I mean really nuts-and-bolts details of God – to the exclusion of any other view. Such peeps are 'scanning God' and 'presume' they know Him,

but actually all they've done is make a god in their image: a nice, malleable god who is just like them; who thinks like they do, approves of all they say and do, and requires no obedience, isn't challenging, and never tests their faith.

This is not only very sad, it is extremely dangerous. Such peeps can go from the particular (them) to the general (everyone else) and because they believe that their god is real they judge everyone else by their own standard and – surprise, surprise – everyone else is found wanting.

This is another thing that an introspective Lent experience can cure – because it can make you *real*.

But that raises another question, perhaps: what does it mean to 'be real'?

As a canine, 'being real' is me accepting who I am. Of course, we've all seen the tiny canine who barks furiously at the large canine — who completely ignores the little yapper. Let's call that 'enthusiasm over experience'. But in essence, 'being real' means that I know my place in the pack; that I become the canine I need to be for the peeps I'm with; that my schedule is not my own; that I don't judge other canine's or peep's motivations.

As a peep, my 'being real' might sound eerily similar to what is expected of you: knowing your place in the Body of Christ; that you fulfil what is needed for others rather than for yourself; that you become responsible for your schedule to fit in with others' needs, rather than for your own convenience; that you don't judge.

With some canines what is required of them is great: to move from nasty, all-teeth and growls, to become a fur cushion for a child; from desperate 'me, me, me, me' jumping up, to taking one's place in line for attention.

Lent offers you peeps the chance to look in the mirror – it offers you growth and peace and love. But it offers it only on the *real* God's terms.

Wishing You a Spirit-Filled Lent, Winston.





Calling all Crafters!

The Friday Night Craft Group invites you to join us as we create blankets for Project Linus.

Our goal is to donate 15 blankets to Project Linus this year. Please visit the Project Linus website and make a commitment to provide love to a child.





Per the website (<u>www.projectlinus.org</u>), the mission statement is two-fold:

- 1: Provide love, a sense of security, warmth, and comfort to children who are seriously traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer "blanketeers."
- 2: Provide a rewarding and fun service opportunity for interested individuals and groups in local communities, for the benefit of children.



The website provides free patterns to crochet, knit, and quilt plus a pattern to make a fleece blanket. A few of the patterns are available in the church office.

Although there are two drop-off locations in our area, I would encourage you to bring your completed blankets to the church so that we can make sure they are blocked and ready for donating. Please keep track of the time spent making your creation and include that information when you being your blanket to the church.

I look forward to providing updates throughout the year as we receive your completed projects of love.



CAUTION

COLD & FLU SEASON

The Flu & Communion

Every so often it is good to remind ourselves of what we do in the church, and why. It is also sometimes necessary to reassure people that what they are doing is both necessary and safe.

The Church takes seriously its responsibility to keep people safe so, with this in mind, it may be useful to remind you of the following.

We are currently in the midst of an Influenza epidemic, with people of all ages being affected – including those who have received the `flu vaccine. At St. Clement's we share a common chalice. Research shows that using a chalice made of precious metal, along with using a wine that contains alcohol, creates an antiseptic barrier that kills bugs and, therefore, isn't a source of potential infection. For proof of this, look to the priests whose job it is to empty the chalice at the end of Communion!

Regardless, it may be that some of you will want to 'intinct' your host 'just in case'. This isn't a practice I would wish to encourage, but if you do want to instinct, please follow these instructions:

 Never 'self-intinct' – that is, never dip the host into the chalice yourself, as this can, in fact, cause problems if your fingers dip into the consecrated wine.

- •Do hold your hand out flat with the host in the center of your palm. This makes it far easier for the Chalicer to pick up the host.
- Do lift up your head. This allows the Chalicer to see your mouth keeping your head low makes it more difficult.
- •Do open your mouth and keep your head still.

It may well be that the receiving of Communion is actually *the* safest part of our Service! Perhaps we need to

be more aware of the before, during, and after the Service as opportunities to become infected:

- As a first line of defense, if you don't feel too good then please stay at home until you feel better.
- When at church, minimize the chances of infection by limiting handshakes and hugs.
- Wash your hands or use hand cleansers before the Service, but especially before eating at the Coffee Hour.
- Take appropriate precautions around food and children, and around those who may suffer from a compromised immune system.

Most of this will already be second nature to us but, as always, to be forewarned is to be forearmed.

If you do succumb to any kind of bug or any kind of illness, then please call either the Parish Office or Fr. Andrew directly. We can only visit, help, and pray for you if we know how you are.



BY HIS STRIPES

THEORIES OF THE ATONEMENT FROM OLD TESTAMENT TIMES TO THE MODERN DAY

Week One

Feb 20

"Resistance Is Futile" - Sacrifice and Assimilation in the Ancient World.

Week Two

Feb 27

"For This Reason I Was Born" - Jesus as the Fulfiller of Prophecy?

Week Three
March 6
"It Is Finished" - Who Killed Jesus?

Week Four March 13

"The God Who Died" - The Church Attempts to Find Meaning.

Week Five March 20

"Truth? What is Truth?" - How the Truth Has Multiple Levels.

Tuesdays

@

10.00 a.m. or 7.00 p.m.

Prompt

The absolute foundational truth of Christianity is that Jesus died on the cross for our sins, and in doing so fulfilled the Old Covenant sacrificial system.

This truth is known as the 'Doctrine of the Atonement' – about which many modern Christians only know one particular view or 'theory', but about which there are, in reality, several theories.

Join us this Lent as we look at the history of sacrifice in the ancient world, moving to the life, death and Resurrection of Jesus. We will then examine the Church's development of the principle theories of this central Christian belief.

How much does God love you? Come and find out.



São Paulo Mercy Ministry

After several months of anticipation, the day finally arrived and Fr. Stephen and Mary Dass were welcomed to St. Clement's on Saturday January 20th with a Reception and pot-luck Dinner. The food, as always, was delicious and plentiful, and Fr. Stephen and Mary renewed their acquaintance with many of us like old friends and also made some new friends. Following the meal Fr. Stephen gave an overview of their ministry, gave us some insights about several of the children, explained how things are progressing and also answered our questions. Fr. Stephen stressed how much prayer has changed the lives of the young people in the five or so years that they have been working in São Paulo, and how the children are opening up to new possibilities in their lives as they have people who are writing to them from Florida and taking an interest in them. The children, who are mainly on the streets due to neglect and abandonment by their families, often feel invisible on the streets. The letters they receive from people so far away are tangible proof for them that they are "someone", and that someone cares about them and takes time to write to them and pray for them. He also believes prayers for the children's protection are being answered in a wonderful way.

Fr. Stephen again stressed that everything for them begins with prayer and waiting on the Holy Spirit to guide them and that the Holy Spirit is already there in the streets with the children and teens, working in them and with them. Mary and Fr. Stephen go the the cathedral steps near their home every day and wait for the children and teens to come to them, they then engage with them, listen to them, let them do artwork, play Uno or other such games, generally "hang out" with them, and are there for them. Some of the teens are eager to learn to read and write, and Mary is helping

them with that. They don't give them anything and they don't ask them for anything. The only thing they do insist on is that the youngsters refrain from sniffing glue or doing drugs while they are with them, and that they are respectful.

Following his talk, we were able to give Fr. Stephen and Mary the art supplies and personal items which members of the congregation had collected for them and for which they were very thankful. Natalie Watson also gave them a check which represented the proceeds of the sale of 2018 calendars, which the St. Clement's youth donated to them.

The following day Fr. Stephen gave the sermon at both Sunday services. During the announcements, Fr. Andrew presented him with a check from St. Clement's as an honorarium. Fr. Stephen and Mary stayed for the coffee hour and chatted at some length with various people. They had a display of photos of the children and teens, as well as the area they work in, which they were happy to talk about with those who were interested. They finally bid us all a fond farewell "until next time". Fr. Stephen and Mary will be flying back to Brazil on January 30th - please keep them in your prayers for a safe journey.

I hope that our Outreach ministry of prayer, letter-writing and support will take on a new lease of life following this visit and as the Holy Spirit inspires us to make a difference in the lives of these young people who have been neglected and abandoned by their families and by society, and who so desperately want to feel noticed and loved.

To see more about the Ministry, and to follow the blogs, go to http://spmercyministry.com

TRINITY CAFÉ NEWS



Your next opportunity to serve breakfast to the homeless and hungry of Tampa at their Nebraska Blvd. location is on Saturday February 24th. We will meet at the Church at 8:15 a.m. to carpool there together and will return by approximately 10:45 a.m. To volunteer or if you have any questions, please call Jenny Manley at 813-383-8673 or e-mail her at lyonhall@tampabay.rr.com.

Trinity Café serves nutritious meals every day of the year with love and compassion to those who are in need. The Nebraska location is open 7 days a week, the Busch Blvd. location is open 5 days a week for lunch, but will soon be open on Saturdays for breakfast as well. For more information about Trinity Café, their philosophy, and the many opportunities there are to help, please visit their website at http://trinitycafe.org.























January in pictures shows us the progress made on our refurbishment, the Blessing of and Memorial Service in our St. Francis Garden, and our Junior Warden tackling the church's bats - plus changing the light bulbs while he's up there. Not for the faint-hearted!

Thanksgiving for: Betsy, Betty, BJ, Buddy, Carol, Clayton, Corey, Dave, Donna, Fr. Andrew, Fr. Lewis, Fr. Rick, Fr. Stephen & Mary Dass' visit, Holli, Jay, Jeanne, Jenny, Jerry & Leslie, Johnette & David, Karen, Kevin, Kurt, Maxine, Mike & Jennifer, Natalie, our youth, Rosie, Sam, St. Clement Family, Steve, Teresa & Peter, Vicki, Wanda.

Healing: Alan, Alice, Amelita, Andrea, Barb, Barbara, Ben, Betsy, Betty, Bill, Bob, Brad, Brent, Catherine, Cheryl, Chrissy, Christina, Claudia, Curtis, Cyn, Dan, Darrell, Dave, Dianna, Don, Donna, Dylan, Earlene, Ed, Elaine, Eric, Erik, Esther, Evelyn, Florence, Fr. Thomas, Georgianna, Haida, Jackie, Jamie, Jan, Jean, Jen, Jerry, Joan, John, Judy, Kay, Kim, Kimberly, Lela, Louise, Margaret, Martha, Mary Ann, Michelle, Mike & Jennifer, Murray,

Nancy, Oscar, Pam, Pat, Ray, Regina, Ruth Ann, Shelly, Steve, Sue, Susan, Susie, Sydney, Tim, Vern, Veronica, Vicki, Wanda.

Safety & Protections: Adeline, Alexander, Annaliese, Ava, Bill, Bryan, Christina, Clayton, Curtis, Don, Dorine, Fr. Bill, Fr. Stephen & Mary Dass, Greg, Kat, Kimberly, Kit, Kurt, Melissa, Naphlim, Nick, our first responders, our president, Spencer, Teddy, Thomas, Wanda, William, Youngsters in Sao Paulo, Zoe.

Blessings & Guidance: 2018 Vestry, Avery, Bill, Chaz, Claudia, Dustin, Elizabeth, Emily, Father Dass & Family, Fr. Andrew, Fr. Bill, Fr. Lewis, Fr. Rick, Grant, Jimmy & Kathleen, Jeanne, Joseph, Kamilah, Kat, Katie, KC, Kelly, Kera, Kimberly, Kit, Kurt, Lew, Mike & Jennifer, Nancy, Naphlim, Nikki, Pete, Renee, Susie, Tommy, Wanda, Zach, Zahra.

Comfort: Betty, Connie, Joan, KC, Kent, Kimberly, Kurt, Linda, Lynn, Mary-Jo, Oscar, Patricia.

Travel: Basha, Bill, Bryan, Dennis, Kelly, Margaret, Paul & Ellen, Rolf, Stephen, Tara.

Financial: Betty, Bryan, Greg & Regina, Carol, KC, Kimberly.

Employment: Bryan, Chad, Chrissy, Joe, John, Jon, Julie, MaryBeth, Pete.

The Recently Departed: Arthur, Cydney, Mike, Rick, Rosie.

Year's Mind: 1st Marcella McCreary, Madge Watts; 2nd. Carl Hall; 8th Alice Bolin; 11th Donna Seighman; 12th Bill Moriarty; 13th Ruth Hodges; 14th Raymond Burrill; 15th Alice Wester; 16th W. Richard Kern Jr.; 18th Arthur Hinman; 21st Alan Baker; 22nd Mary Baldesan; 23rd Lou Hawthorne; 25th George Sears; 27th Martha Webster; 29th Harry Sexton, Sr. Maria.

Birthdays

Wedding Anniversaries

6 Susan Johnson

1 Charles & Betty Palm

- 12 Dylan Shank
- 16 Vicki Jackson
- 18 Vilma Brewster
- 20 Francisco Edington Sue Garcia
- 23 Barbara Bond
- 25 Gerald Ogwal
- 28 Tiffany Lowenthal 🔻







Beginning 2018, St. Clement's has chosen to support a new non-profit.

LifePath Hospice serves individuals in the community with end of life illnesses. These patients who are facing disease progression are in

need of nonperishable foodstuffs, cleaning items and pet food. Your donation will make our patients smile with a warm meal. A more detailed list will be shown next month.

Please bring your donations during the Offertory, ensuring that your bag is clearly labeled.

If you have any questions please call Susan Johnson (813) 978- 3573 or Therese Balbin of Lifepath Hospice (813) 323-2123.